

Suggested Materials List – Anatomy and The Figure Workshop

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The following materials list is a suggestive list of what you may want to bring to the workshop to study and experiment with. You may use this list as a direct guide, or choose from materials you are familiar with or interested in. Smaller drawing studies can be 18"x24" to 20"x30". I encourage any of you to consider working larger, say 24"x36" or beyond, however this might require that you bring in your own drawing board large enough. Masonite is the best material for a sturdy, transportable drawing board.

- Paper, Single Sheets and Rolls
Some suggestions:
 - Utrecht American Masters
 - Strathmore 500
 - Rising Stonehenge
 - Rives BFK Heavyweight
 - Blick White Sulphite Paper (sheets only)

If you want to draw large, I recommend rolls of paper. There are economical, versatile and easy to ship. Even if you have rolls try to have some single sheets for gestures, studies or collage work.

- Gesso

Try drawing on a gessoed surface such as paper or board, and including gesso in your drawing process. The quality of gesso can be dramatic when it comes to a creating a good drawing surface. My recommended gesso is A>2 Chroma Gesso from Nasco Arts and Crafts Supply part #9725777. It is dryer and grittier than most, an excellent surface for drawing. Have any boards or paper rolls prepared before the workshop. Dilute with water about 1:1, apply with roller and immediately brush out roller marks as you apply across the surface.

- Any 18"x24" to 24"x36" or bigger textured high-quality charcoal paper you like
- Sketchbook
- Large package of vine charcoal – soft, medium, hard
- Pack of jumbo vine charcoal sticks, at least 6
- Range of compressed charcoal sticks, blocks, or chunks- LOTS!
- Wood charcoal pencils – hard, medium and soft
- Sumi ink, walnut ink, india ink, *Golden Shading Gray* airbrush paint, etc.
- Selection of ink and general purpose art brushes
- Viewfinder
- Range of graphite pencils – HB, 2B, 4B, 6B
- Derwent XL Charcoal 6 pack
- Dowel / sighting stick

- 3 (at least) leather chamois clothe *Meijer has large car washing chamois that can be cut-up or used whole
- Sand paper, multiple grades from 80 to 400 grit.
- *General's Tri Tip*® eraser
- 1 retractable eraser stick
- 3 large kneedable erasers
- Workable Fixative (to be sprayed outdoors only)
- Roll of white artist's tape
- Heavy Duty clips, numerous
- Utility knife (for sharpening charcoal pencils and more)

Recommended Books:

Figure Drawing: The Structure, Anatomy, and Expressive Form, Nathan Goldstein

(Available in multiple editions, up to 7.)

Classic Human Anatomy, Valerie Winslow

Artistic Anatomy, Dr. Paul Richer